

PALATINE RESOURCES

Physician House Calls

Provide inhome physician visits, exams, labs and x-rays.

- x MD at Home

(866)632-8466

(312)243-2223

Accepts Medicare. Medicaid is accepted as secondary insurance. Nurse practitioner comes to the Palatine area.

Telehealth

- x Medicare- contact your physician for guidance if you are feeling ill.

Food Delivery Programs Stores that Deliver on Line Orders

- x Mariano's

<https://www.marianos.com/stores/details/531/00505>

- x Walmart in Palatine

<https://www.walmart.com/>

- x Instacart - Groceries delivered from many local stores

www.instacart.com

- x Meals On Wheels- Meal delivery for seniors go to website

<https://www.mealsonwheelsamerica.org/> and enter zip code for local agencies.

Food Pantry Programs

- x Palatine Community Resource Center

1585 Rand Rd. Saturday 10am

Drive thru style food pick up

- x Wheeling Senior Services

Have hot and cold meal drive thru for anyone over 60 years of age, in need of meals and willing to drive to Wheeling. Call (847) 459

-6338

Mental Health

- x NAMI COVID-19 Resource and Information Guide

<https://www.nami.org/getattachment/AboutNAMI/NAMI-News/2020/NAMIUpdatesonthe-Coronavirus/COVID-19-UpdatedGuide1.pdf?>

- x Telehealth is available for individuals with Insurance through most area Mental Health service providers for individual, family and couples counseling.